



# Upcoming Events

Updated April 2012

## YogaKids Foundations Training

April 26 - 29, 2012

Banff, AB



**Early Bird Registration Deadline: March 26<sup>th</sup>**

**Register Early to receive 10% off tuition**

Perfect for:

- o teachers and educators
- o gymnastics and dance coaches
- o psychologists
- o occupational therapists
- o physical & speech therapists
- o yoga teachers

OR

- o anyone who works with children and youth.

Come and indulge your inner child with four fun filled days of yoga in the mountains!

Click on the banner below to register or for more information:



## YogaKids Workshops Saturday April 21<sup>st</sup>

Training for adults looking to use yoga in their work with children and teens

Ideal for: Parents, physical therapists, yoga teachers, educators, healthcare professionals, psychologists, homeschoolers or anyone inspired to bring yoga to children.

No prior yoga experience is necessary.

### Tools for Schools

#### Experiential Playshop 10:00am - 1:00pm

The YogaKids toolbox uses Yoga as a base and incorporates Brain Balance techniques and the Multiple Intelligences. Explore how to use this yoga toolbox in your daily routine. Your students will have fun learning, feel better about themselves, and be more connected to their community.

[Register Now - Playshop](#)

### Yoga at School Professional Development Days

*Breathe life into your next PD day with a YogaKids Workshop to integrate yoga into the classroom.*

*Customize a workshop to fit your needs for early literary, yoga for physical education, using yoga for kinesthetic learning....*

*Treat your staff to an on-site or in-studio yoga class so they can experience the joy of yoga and connect with each other. Great team building experience.*

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